# Get to Know Diabetes



Important information about the disease

#### WHAT IS DIABETES?

A condition where your body can't effectively use or produce insulin, leading to high blood sugar levels



## CURRENTLY DIAGNOSED WITH DIABETES

## 77 Million

Indians are currently living with diabetes



#### **BY 2030**

## 

4 out of 10 adults will be unaware that they have diabetes.\*

\*International Diabetes Federation (IDF)



## ON THE RISE 500 400 300 200 100 0 2021 2022 2023 2024 2025

There has been a significant increase in diabetes cases over the past 5 years.



### SHOULD YOU BE TESTED FOR DIABETES?

It is recommended that you get tested if you have any symptoms or a family history of diabetes.